

Your Relief Reading

Why **Active Fathers** Are **Great for Children**

Children with present, engaged dads face fewer risks and are more likely to grow up healthy, safe, and successful.

Involved Fathers Help Reduce the Risk Of:

- ✔ Infant loss in the early months
- ✔ Babies being born underweight
- ✔ Physical neglect or mistreatment
- ✔ Emotional or behavioral challenges
- ✔ Accidental injuries at home or in the community
- ✔ Childhood obesity and related health issues
- ✔ Struggles with school achievement
- ✔ Early or unplanned teen pregnancy
- ✔ Encounters with the juvenile justice system
- ✔ Substance use or addiction
- ✔ Involvement in criminal behavior
- ✔ Youth Suicide