

Your Relief Reading

Why **Active Fathers** Are **Great for Children**

Children with present, engaged dads face fewer risks and are more likely to grow up healthy, safe, and successful.

Involved Fathers Help Reduce the Risk Of:

- ✓ Infant loss in the early months
- ✓ Babies being born underweight
- ✓ Physical neglect or mistreatment
- ✓ Emotional or behavioral challenges
- ✓ Accidental injuries at home or in the community
- ✓ Childhood obesity and related health issues
- ✓ Struggles with school achievement
- ✓ Early or unplanned teen pregnancy
- ✓ Encounters with the juvenile justice system
- ✓ Substance use or addiction
- ✓ Involvement in criminal behavior
- ✓ Youth Suicide